

(Exam. Code:1237)

PANJAB UNIVERSITY, CHANDIGARH

Date-sheet for **Certificate Course in Yoga and Meditation**
Theory Examination to be held in **May, 2026**

(THEORY EXAMINATION)

Time of Examination: 2.00 p.m. to 5.00 p.m.

DATE & DAY	PAPER/ SUBJECT/ CODE NO.
<u>May, 2026</u> 15 th , Friday	YM101 – Aspects of Yoga & Meditation (45859)

Note:

1. The candidates are not permitted to carry any communication equipment such as mobile phone/pager, wireless set, scanner pen scanner/camera or any such electronic/digital gadget etc. inside the examination hall which is punishable with disqualification for period of two years with the subsequent examination.
2. In case of internal clash (clash of one paper with any other paper in the date sheet of Panjab Univeristy)/NCC/NSS, candidate has to apply along with the clash performa (<https://exams.puchd.ac.in/includes/noticeboard/2026/20260406115746-clashperformaforinternalclash.pdf?2026>) either by hand or through email at datesheet@pu.ac.in within 10 days of examination. No application will be entertained without performa. For detailed information please contact 0172-2534810/2541303/2534812
3. In case of clash with other university exam/competitive exam or any other valid reason (subject to approval of eligibility by examination branch) or in medical case the candidate has to send his/her email along with admit card, medical performa and other relevant proofs (<https://exams.puchd.ac.in/includes/noticeboard/2025/20251031175404-circularsandofmedicalform.pdf?2025>) to drexams@pu.ac.in
4. Regarding conduct of special exams under sports/medical/left out categories, guidelines of notification No. 7779-82/DRE dated 22.11.2023 and circular No. 4285-88/DRE dated 11.07.2024 and medical form available at the link <https://exams.puchd.ac.in/includes/noticeboard/2025/20251031175404-circularsandofmedicalform.pdf?2025> may be followed.
5. For Guidelines/clarification of exam fee for Medical /Left out students. <https://exams.puchd.ac.in/includes/noticeboard/2026/20260407120622-a.pdf?2026>.
6. Candidates are advised to be in touch with the official website of Panjab University for notifications regarding change/correction (if any) in the date sheet till the conclusion of the examinations.

CENTRE OF EXAMINATION:	
1. CHANDIGARH-44	Guru Teg Bahadur Bhawan , Opp. USOL, P.U., Sector-14

Chandigarh: 160014
Dated: 22.04.2026

Prof. Jagat Bhushan
Controller of Examinations

(Copyright Reserved)