

**PANJAB UNIVERSITY, CHANDIGARH**

Date-sheet for **M.A. (Yoga) - 1<sup>ST</sup> & 3<sup>rd</sup> SEMESTER (Regular/Reappear)**  
Examination to be held in ***December – 2024***

**(THEORY EXAMINATIONS)**

DATE & DAY	PAPER	SUBJECT/CODE. NO.
<b>1<sup>st</sup> Semester (Exam. Code: 0221)</b> <b>Time of Examinations: 1.30 p.m. - 4.30 p.m.</b>		
<b><u>DECEMBER – 2024</u></b>		
13 <sup>th</sup> , Friday	MAY – 101	Foundation of Yoga (25001)
16 <sup>th</sup> , Monday	MAY – 102	Hatha Yoga Texts – I (25002)
18 <sup>th</sup> , Wednesday	MAY – 103	Human Anatomy and Physiology (25003)
20 <sup>th</sup> , Friday	MAY – 104	Research Methodology & Statistics (25004)
<b>3<sup>rd</sup> Semester (Exam. Code: 0223)</b> <b>Time of Examinations: 9.30 a.m. - 12.30 p.m.</b>		
<b><u>DECEMBER – 2024</u></b>		
13 <sup>th</sup> , Friday	MAY – 301	Major Upnishad and Bhagawad Geeta (25010)
16 <sup>th</sup> , Monday	MAY – 302	Yoga Therapy Management (25011)
18 <sup>th</sup> , Wednesday	MAY – 303	Principles of Naturopathy (25012)
20 <sup>th</sup> , Friday	MAY – 304A	Yogic Psychology (25013)
	MAY – 304B	Diet and Nutrition (25014)

**NOTE:** THE CANDIDATES ARE NOT PERMITTED TO CARRY ANY COMMUNICATION EQUIPMENT SUCH AS MOBILE PHONE/PAGER, WIRELESS SET, SCANNER PEN SCANNER/CAMERA OR ANY SUCH ELECTRONIC/DIGITAL GADGET ETC. INSIDE THE EXAMINATION HALL WHICH IS PUNISHABLE WITH DISQUALIFICATION FOR PERIOD OF TWO YEARS WITH THE SUBSEQUENT EXAMINATION.

CENTER OF EXAMINATION		
1.	<b>Chandigarh-18</b>	<b>Post-graduate Govt. College, Block-I, Sector-11</b>

Chandigarh: **160014**  
Dated: 28.11.2024

Prof. Jagat Bhushan  
Controller of Examinations

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